Web Apps Dripping With Honey

OWASP Denver and Boulder too!!

April 2020

HARSH TRUTH #1

Bypassing defenses is often very easy

HARSH TRUTH #2

INTLEAK IS REAL

SOC Analyst

Company (redacted)

\$30,000 - \$45,000 a year

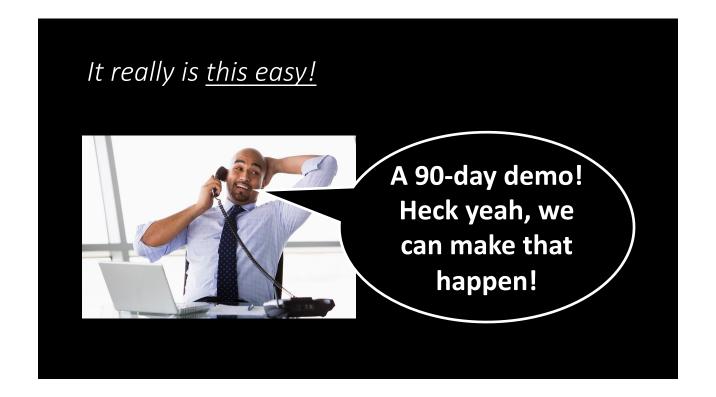
ARCSIGHT, SPLUNK, LOGRHYTHM, QRADAR, ANTIVIRUS, FIREWALLS AND SOURCEFIRE AND SIMILAR TOOLS PREFERRED. Company

Company has open positions for...

- · Desirable proficiencies:
- o Experience migrating from Checkpoint to Palo Alto
- o Network Access Control (Forescout preferred)
- o RADIUS
- oF5
- o Secure Routing & Switching
- o Cisco AnyConnect & Umbrella

HARSH TRUTH #3

Sales folks want sales



HARSH TRUTH #4

It's easier than ever to leverage tech on a PoC





HARSH TRUTH #5

PoC will be... harsh

SCENE DELETED

(use your imagination)

Recap:

- 1. Easy to find your defenses.
- 2. Easy to get your defenses.
- 3. Easy to setup an abuse lab.

HARSH TRUTH #6

Defenses we all use are *broken*. But there is another way.

Hi, I'm Mick!

- Managing Partner of InfoSec Innovations
- Teach SANS 504 & 555
- IANS Faculty
- @BetterSafetyNet



What we're going to cover

- Honeypots are dead easy
- Used appropriately, honeypots can be used with existing infrastructure.
- Attackers trip over honeypots
 - They slow attackers down
 - Make for easier detection
 - Make for quicker detection

GOOD TRUTH #1

Attackers expect "normal"

GOOD TRUTH #2

Attackers are predictable

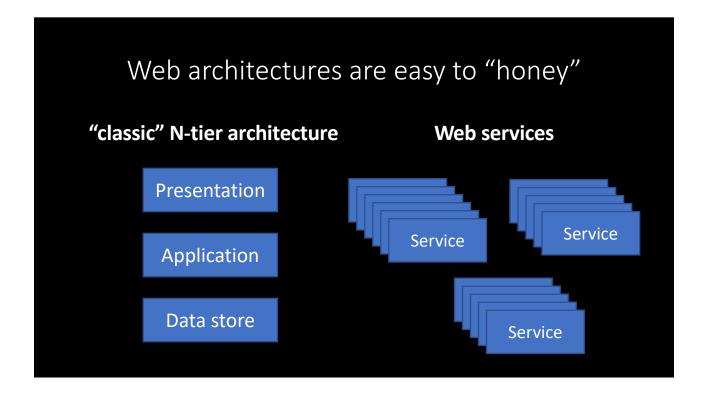
- 1. Recon
- 2. Probing
- 3. Exploitation
- 4. Post-Exploitation

GOOD TRUTH #3

Honeypots are dead easy...

Any interaction is suspect

GOOD TRUTH #4



Honeypots are dead easy...

Honeypots confuse

Confuse recon

PortSpoof

How to run portspoof

Sudo portspoof *** get options here

Honeypots misdirect

Misdirect probes

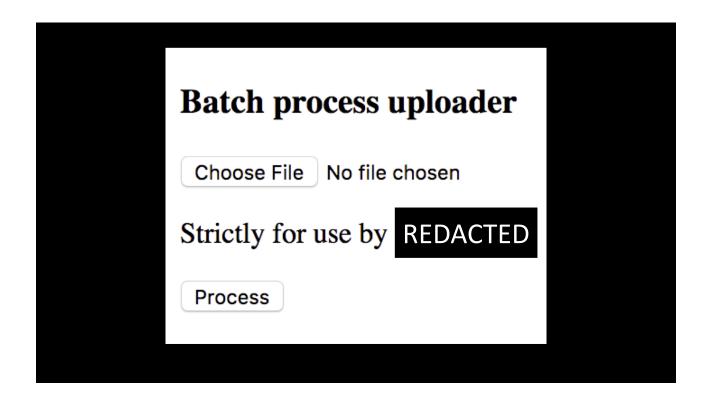
Robots.txt

Honey Robot.txt

```
User-agent: *
Disallow: /api/
Disallow: /bo/
Disallow: /uploader.jsp
Disallow: /admin/
Disallow: /editor.jsp
```

Honey Upload

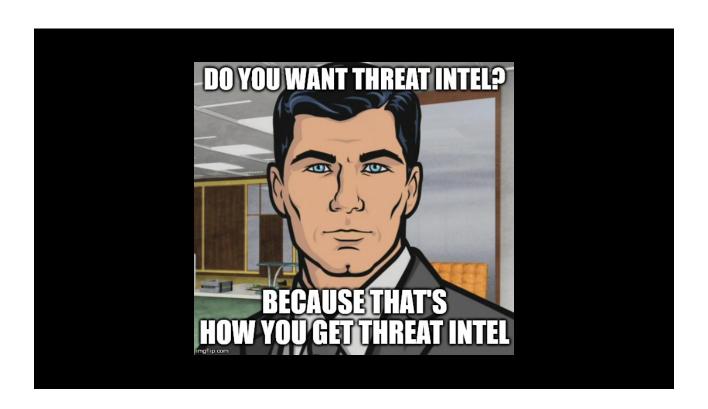
```
User-agent: *
Disallow: /api/
Disallow: /bo/
Disallow: /uploader.jsp
Disallow: /admin/
Disallow: /editor.jsp
```



Honey User Logon

```
User-agent: *
Disallow: /api/
Disallow: /bo/
Disallow: /uploader.jsp
Disallow: /admin/
Disallow: /editor.jsp
```

Sign in		
Username or Email Address		
Password		
rassword		
	Login	



Honeypots are dead easy...

Honeypots lie

Lie to the exploit

Web Services

Honeypots buy time

Honeypot data

DESCRIBE CC_In:	Eo;				
Field		Null	Key	Default	
Cust_ID CC_Num Card_Name Expires CSC	int(10) unsigned varchar(16) varchar(75) date	NO	PRI UNI 	NULL NULL NULL NULL 1	auto_increment

DESCRIBE Potent	tial_Explore_Sites;				
Field	 Type	Null	Key	Default	•
Site_ID LAT LONG Purch_Max Purch_Date	int(10) unsigned int(6) int(6) int(9) date	NO NO NO NO YES	PRI UNI	NULL NULL NULL	auto_increment
+		+			·+

Honeypots are dead easy...

You're already ready!

Shout out to: Michael Hogue-Rennie



```
<link rel='stylesheet' id='contentking-stylesheet-css' href='https://www.loggl
<link rel='stylesheet' id='et-gf-open-sans-css' href='https://fonts.googleapis
<link rel='stylesheet' id='te_monarch-css-css' href='https://www.loggly.com/wp-c
<link rel='stylesheet' id='loggly-style-css' href='https://www.loggly.com/wp-c
<link rel='stylesheet' id='tablepress-default-css' href='https://www.loggly.co
<script type='text/javascript' src='https://www.loggly.com/wp-includes/js/jquer
<script type='text/javascript' src='https://www.loggly.com/wp-json/' />
<link rel='https://api.w.org/' href='https://www.loggly.com/wp-json/' />
<link rel="EditURI" type="application/rsd+xml" title="RSD" href="https://www.lo
<link rel="wlwmanifest" type="application/wlwmanifest+xml" href="https://www.lo
<link rel='shortlink' href='https://www.loggly.com/?p=76599' />
<link rel="alternate" type="application/json+oembed" href="https://www.loggly.co
<link rel="alternate" type="text/xml+oembed" href="https://www.loggly.com/wp-js
<style type="text/css" id="et-social-custom-css">
```

```
<script type="text/javascript"
src="/scripts/libs/jquery-ui.min.js"></script>
```

x.x.x.x - - [20/Oct/2019:10:27:32 -0500] "GET /scripts/libs/jquery-ui.min.js" 404 7218

404's as honeypots!

- 1. Pictures
- **2.** CSS
- 3. JavaScript files
- 4. XML Schemas

RECAP

- Honeypots are dead easy
- Overlay honeypots are best.
- Advantages of honeypots
 - They slow attackers down
 - Make for easier detection
 - Make for quicker detection

Conventional Wisdom isn't wise

- Have to be a pen tester when I "grow up"
- Have to do all the things before I do "active defense"

Thank you!

- My wife
- SANS
- You!



Oh \$&@+!!
I finished too early!

MORE HONEY AWESOME!

Honeypots hurt

Honeypots hurt*
(consult your lawyers)

Honeypot zipbomb

```
User-agent: *
Disallow: /api/
Disallow: /backups/
Disallow: /uploader.jsp
Disallow: /admin/
Disallow: /editor.jsp
```

Honeypot PDF

MSFVenom